

### 1. Shows Market Structure

Organizes price based on time spent at each level

Helps identify balance (range) and imbalance (trend)

### 2. Value Area (VA)

VAH (Value Area High): Upper acceptance zone

VAL (Value Area Low): Lower acceptance zone

POC (Point of Control): Price level with maximum activity

These levels act as strong S/R zones

### 3. Auction Theory

Market moves in an auction-style process

Price seeks fair value

Imbalance leads to directional moves

### 4. Trend vs. Balance Identification

Balanced profile → Market likely to stay inside range

Imbalanced profile → Breakout and trend continuation

### 5. Rejection & Acceptance Zones

Single prints indicate strong rejection

High-volume areas show acceptance

Helps find entry and exit areas

### 6. Profile Shapes Reveal Intent

D-shape → Balanced

P-shape → Short covering

b-shape → Long liquidation

Trend profile → Strong directional move

### 7. Intraday Context

Useful for determining bias for the day

Helps understand where big players are active

### 8. Works Best When Combined With Volume

Confirms strong / weak areas

Improves accuracy of levels